## RIVERSIDE COMMUNITY COUNCIL ACTIVE TRAVEL AND SUSTAINABLE TRANSPORT NEWSLETTER

## 20 WHY 20?

20 mph speed limits are better because they make our streets safer for everyone.

Slower speeds give drivers more time to react and avoid collisions. This helps protect pedestrians and cyclists, especially in busy urban areas and residential neighbourhoods, and around schools.

Lower speeds also reduce noise and air pollution, making our environment cleaner and more pleasant.

With 20 mph speed limits, people feel safer to walk, wheel and cycle more, promoting healthier lifestyles.

Overall, these speed limits create a safer, healthier, and more enjoyable community for us all.

Please keep Riverside safe for all and stick to 20 mph when driving.

## (4) EBIKE LIBRARY

Recyke-a-Bike has launched an ebike library, where several different types of ebikes are available for loans of up to one month. They have trikes, bikes, cargo bikes and even a recumbent trike available. For more information, you can call Recyke-a-Bike on 01786447559.

## CUT THE CLUTTER

This past week as been \#CutTheClutter Week Of Action 2023 (10-16 July).
Pavement clutter, such as bins, parked cars, and poorly placed signs, can have a serious impact on walking and wheeling our local journeys. It can make getting around hazardous, especially for disabled people, older people and those with young children. If we really want our streets to be safer and easier for walking, it's time to tackle this.

For more information and ideas to help tackle pavement clutter, visit www.livingstreets.org.uk.

## SWAP A JOURNEY

By opting to walk, wheel or cycle instead of driving, you can enjoy the numerous benefits of physical activity while reducing your carbon footprint. It's a win-win situation that promotes a healthier lifestyle and contributes to a more sustainable future. We've calculated the average time it would take to reach a few local destinations using different forms of transport. You might find that an active travel journey takes less time than you had thought!

Distances were calculated from Riverside Primary School, and they don't take traffic or looking for parking into account, which will add to the journey time for car journeys.

|  |  |  |  |
| :---: | :---: | :---: | :---: |
| Tesco | 3min | 3 mins | 10 mins |
| City Centre | 5min | 5min | 16mins |
| The Peak | 5 min | 8min | 25mins |
| Lidl/Aldi | 4mins | 5mins | 19mins |
| Sainsbury's | 3mins | 4mins | 12mins |
| Waitrose | 5mins | 9mins | 21mins |
| Stirling University | 7mins | 11mins | 35mins |
| Wallace High School | 6mins | 9mins | 29mins |
| King's Park | 7mins | 9mins | 27mins |

